

Breakfast @ Spikes

Daily 7:00am – 11:00am

TASTY & TOASTED

TOASTED BANANA OR SPICED PUMPKIN BREAD	9	SMOKED SALMON BAGEL	14
'Lard Ass' cultured butter, local honey		Smoked salmon, cream cheese, capers, rocket, pickled onion. Served with a garden salad	
SPICED FRUIT TOAST	9	'THE SANDS' BREAKFAST BURGER	15
2 slices toasted, house made preserves, 'Lard Ass' cultured butter		Crisp bacon, fried egg, American cheddar, BBQ sauce, hash brown, glazed milk bun	
TOAST WITH SPREADS	9	HASH BROWNS <i>2 per serve</i>	6
'La Madre' Bianca toasted, 'Lard Ass' cultured butter, your choice of jam, vegemite or peanut butter			

SOMETHING LARGER

HOUSE MADE GRANOLA			16
'The Sands' own recipe toasted granola, mango coconut yoghurt, candied walnuts, fresh berries, flowers from our garden -Served with full cream milk or almond milk (V)			
SEMOLINA PORRIDGE			16
'Otway Pastures' milk and semolina slow cooked, acai powder, molasses, banana, almond praline, flowers from our garden (V)			
AVOCADO ON TOAST			22
Sliced avocado, 'Freshwater Creek' free range poached eggs, salsa fresca, toasted sourdough (V, GFO)			
CREAMED MUSHROOMS			22
Slow cooked buttered mushrooms, confit garlic, cream reduction, fresh herb, baby spinach, goats cheese, toasted sourdough (V, GFO)			
'CLASSIC' BACON & EGGS			22
Local smoked bacon, eggs your way—poached, fried or scrambled, sourdough toast			
HONEYCOMB PANCAKES			22
2 stack house made pancakes, smashed honeycomb, lavender mascarpone, smoked maple, flowers from our garden			
EGGS BENEDICT			22
Poached eggs, hollandaise, sourdough. Choose sliced local smoked ham, smoked salmon or avocado (GFO)			
SPANISH OMELETTE			22
3 egg omelette, pan baked, sauteed chorizo, house grilled vegetables, young spinach, mojo rojo			
FARMERS 'BIG' BREAKFAST			30
Eggs your way— poached, fried or scrambled, bacon, 'Enzo's' chipolata, heirloom tomato, mushrooms, house baked Cajun beans, sourdough toast			

FOR THE LITTLE PEOPLE

LITTLE MUNCHKIN PANCAKES	14
House made pancake, maple, ice cream, berries, sprinkles	
FARMERS 'LITTLE' BREAKFAST	16
Yummy scrambled eggs, bacon, maple syrup, little sausage on toast	
Eggy Dippers —soft boiled eggs with vegemite toast soldiers	10
COCO POPS WITH LOCAL MOO COW JUICE	8



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